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A Huffington Post Book Club Suggestion • An O: The Oprah Magazine Fall Pick • A LitHub Book

You Should Read This September • One of The Millions' "Most Anticipated" for 2016 • 2017 Ohioana Book Award Winner in Fiction "Marisa Silver's beguiling new novel Little Nothing is a powerful exploration of the relationship between our changeable bodies and our just as malleable identities...Silver's storytelling skills are finely matched to her themes...meditative passages bloom with life." —Matt Bell, The New York Times Book Review A stunning, provocative new novel from New York Times bestselling author Marisa Silver, Little Nothing is the story of a girl, scorned for her physical deformity, whose passion and salvation lie in her otherworldly ability to transform herself and the world around her. In an unnamed country at the beginning of the last century, a child called Pavla is born to peasant parents. Her arrival, fervently anticipated and conceived in part by gypsy tonics and archaic prescriptions, stuns her parents and brings outrage and scorn from her community. Pavla has been born a dwarf,

beautiful in face, but as the years pass, she grows no farther than the edge of her crib. When her parents turn to the treatments of a local charlatan, his terrifying cure opens the floodgates of persecution for Pavla. Little Nothing unfolds across a lifetime of unimaginable, magical transformation in and out of human form, as an outcast girl becomes a hunted woman whose ultimate survival depends on the most startling transfiguration of them all. Woven throughout is the journey of Danilo, the young man entranced by Pavla, obsessed only with protecting her. Part allegory about the shifting nature of being, part subversive fairy tale of love in all its uncanny guises, Little Nothing spans the beginning of a new century, the disintegration of ancient superstitions, and the adoption of industry and invention. With a cast of remarkable characters, a wholly original story, and extraordinary, page-turning prose, Marisa Silver delivers a novel of sheer electricity. The #1 bestselling author of the

blockbuster thrillers *Airport* and *Hotel* takes on the world of high finance: “Cliched, lurid and utterly absorbing” (Philip Hensher, *The Guardian*). Ben Roselli, president of First Mercantile American Bank and grandson of the founder, makes the shocking announcement that he’s dying. With no offspring to inherit the company, Roselli knows that executive VPs Roscoe Heyward and Alex Vandervoort are the obvious candidates to succeed him. Heyward, who has been with First Mercantile for two decades, will do whatever it takes to bring in new clients and win the coveted presidency. Vandervoort, a newcomer from the Federal Reserve with a left-wing girlfriend, advocates for a socially responsible plan of growth. And now the discovery of counterfeit cash and credit card fraud threatens the future of the bank itself. From the day-to-day business dealings to the inner sanctums of the money trading center and the boardroom, Hailey’s novel is a riveting tale of ambition, greed, and the US banking system.

New York City medical examiners Laurie Montgomery and Jack Stapleton return in this stunning new novel from the 'master of the medical thriller' (New York Times) a ripped-from-the-headlines tale of an innovative doctor's dangerous downward spiral. Personalized Psychiatry presents the first book to explore this novel field of biological psychiatry that covers both basic science research and its translational applications. The book conceptualizes personalized psychiatry and provides state-of-the-art knowledge on biological and neuroscience methodologies, all while integrating clinical phenomenology relevant to personalized psychiatry and discussing important principles and potential models. It is essential reading for advanced students and neuroscience and psychiatry researchers who are investigating the prevention and treatment of mental disorders. Combines neurobiology with basic science methodologies in genomics, epigenomics and transcriptomics Demonstrates

how the statistical modeling of interacting biological and clinical information could transform the future of psychiatry Addresses fundamental questions and requirements for personalized psychiatry from a basic research and translational perspective Each time it seemed that she could not rise in time to meet the cliff of water that bore down her. The water was black under the grey, sunless sky. Nick had lived through typhoon and Caribbean hurricane, but had never seen water as menacing and cruel as this. His toughest challenge. His final hope. Nick Berg has lost everything - his wife, his son, and his position in the company he has given his life to - all to his nemesis, Duncan Alexander. His only hope now is the Warlock, a top-of-the-range salvage boat that will be his final gamble. The very first call the boat gets: one of his former company's Antarctic cruisers, going down in a terrible storm with six hundred souls aboard. Even if the rescue is successful, Nick will discover that Duncan Alexander has other plans

for him, and a terrifying plan for the future of the company. One which may have cataclysmic effects on the world's oceans, and the lives of everyone he loves . . . A race-against-time thriller from global bestseller Wilbur Smith The challenges to humanity posed by the digital future, the first detailed examination of the unprecedented form of power called "surveillance capitalism," and the quest by powerful corporations to predict and control our behavior. In this masterwork of original thinking and research, Shoshana Zuboff provides startling insights into the phenomenon that she has named surveillance capitalism. The stakes could not be higher: a global architecture of behavior modification threatens human nature in the twenty-first century just as industrial capitalism disfigured the natural world in the twentieth. Zuboff vividly brings to life the consequences as surveillance capitalism advances from Silicon Valley into every economic sector. Vast wealth and power are

accumulated in ominous new "behavioral futures markets," where predictions about our behavior are bought and sold, and the production of goods and services is subordinated to a new "means of behavioral modification." The threat has shifted from a totalitarian Big Brother state to a ubiquitous digital architecture: a "Big Other" operating in the interests of surveillance capital. Here is the crucible of an unprecedented form of power marked by extreme concentrations of knowledge and free from democratic oversight. Zuboff's comprehensive and moving analysis lays bare the threats to twenty-first century society: a controlled "hive" of total connection that seduces with promises of total certainty for maximum profit -- at the expense of democracy, freedom, and our human future. With little resistance from law or society, surveillance capitalism is on the verge of dominating the social order and shaping the digital future -- if we let it. Bloodline is one of the best of Sheldon's blockbuster thrillers. Roffe

and Sons is a family firm, an international empire filled with desperate, cash-hungry family members. At its head was one of the wealthiest men in the world—a man who has just died in a mysterious accident and left his daughter, Elizabeth, in control of the company. Now as this intelligent, tough, and gorgeous woman dares to save—not sell—Roffe and Sons, she will have to outwit those who secretly want her power . . . and the unknown assassin who wants her life. *Bloodline* is a sweeping novel of high financial intrigue on three continents, love, murder, danger, and suspense. Like other fictional characters, female sleuths may live in the past or the future. They may represent current times with some level of reality or shape their settings to suit an agenda. There are audiences for both realism and escapism in the mystery novel. It is interesting, however, to compare the fictional world of the mystery sleuth with the world in which readers live. Of course, mystery readers do not share one simplistic world. They live in

urban, suburban, and rural areas, as do the female heroines in the books they read. They may choose a book because it has a familiar background or because it takes them to places they long to visit. Readers may be rich or poor; young or old; conservative or liberal. So are the heroines. What incredible choices there are today in mystery series! This three-volume encyclopedia of women characters in the mystery novel is like a gigantic menu. Like a menu, the descriptions of the items that are provided are subjective. Volume 3 of *Mystery Women* as currently updated adds an additional 42 sleuths to the 500 plus who were covered in the initial Volume 3. These are more recently discovered sleuths who were introduced during the period from January 1, 1990 to December 31, 1999. This more than doubles the number of sleuths introduced in the 1980s (298 of whom were covered in Volume 2) and easily exceeded the 347 series (and some outstanding individuals) described in Volume 1, which

covered a 130-year period from 1860-1979. It also includes updates on those individuals covered in the first edition; changes in status, short reviews of books published since the first edition through December 31, 2008. New York Times bestselling author Michael Crichton delivers another action-packed techno-thriller in *State of Fear*. When a group of eco-terrorists engage in a global conspiracy to generate weather-related natural disasters, it's up to environmental lawyer Peter Evans and his team to uncover the subterfuge. From Tokyo to Los Angeles, from Antarctica to the Solomon Islands, Michael Crichton mixes cutting edge science and action-packed adventure, leading readers on an edge-of-your-seat ride while offering up a thought-provoking commentary on the issue of global warming. A deftly-crafted novel, in true Crichton style, *State of Fear* is an exciting, stunning tale that not only entertains and educates, but will make you think. Family caregiving affects millions of Americans every

day, in all walks of life. At least 17.7 million individuals in the United States are caregivers of an older adult with a health or functional limitation. The nation's family caregivers provide the lion's share of long-term care for our older adult population. They are also central to older adults' access to and receipt of health care and community-based social services. Yet the need to recognize and support caregivers is among the least appreciated challenges facing the aging U.S. population. *Families Caring for an Aging America* examines the prevalence and nature of family caregiving of older adults and the available evidence on the effectiveness of programs, supports, and other interventions designed to support family caregivers. This report also assesses and recommends policies to address the needs of family caregivers and to minimize the barriers that they encounter in trying to meet the needs of older adults. This document is a guide to selected detective and mystery stories produced after the publication of

the 1982 bibliography "Mysteries." All books listed are available on cassette or in braille in the network library collections provided by the National Library Service for the Blind and Physically Handicapped of the Library of Congress. In addition to this large-print edition, the bibliography is available on disc and braille formats. This edition contains approximately 700 titles available on cassette and in braille, while the disc edition lists only cassettes, and the braille edition, only braille. Books available on flexible disk are cited at the end of the annotation of the cassette version. The bibliography is divided into a Prolific Authors section, for authors with more than six titles listed, and Other Authors section, a short stories section and a section for multiple authors. Each citation contains a short summary of the plot. An order form for the cited items is included. An alphabetical index is also provided. (SLD) In *Mutation*, Robin Cook's masterpiece of techno-medical suspense, Dr. Cook tells a story as

chilling and real as today's headlines. On the forefront of surrogate parenting and genetic research, it is the explosive tale of a brilliant doctor who sought to create the son of his dreams--and invented a living nightmare... Behind the headlines on cloning--Dr. Robin Cook blends fact with fiction in one of his most terrifying bestsellers... *Chromosome 6* is a prophetic thriller that challenges the medical ethics of genetic manipulation and cloning in the jungles of equatorial Africa, where one mistake could bridge the gap between man and ape--and forever change the genetic map of our existence... Pediatrician Melissa Blumenthal will try any scientific method available to conceive--until the horrible secrets of an urban clinic erupt in a nightmare of staggering proportions... From bestselling author Ally Carter, the definitive guide to writing a novel for the NaNoRiMo generation, including helpful tips from other YA stars. Have you always wanted to write a book, but don't know where to start? Or maybe you're

really great at writing the first few chapters . . . but you never quite make it to the end? Or do you finally have a finished manuscript, but you're not sure what to do next? Fear not -- if you have writing-related questions, this book has answers! Whether you're writing for fun or to build a career, bestselling author Ally Carter is ready to help you make your work shine. With honesty, encouragement, and humor, Ally's ready here to answer the questions that writers struggle with the most. Filled with practical tips and helpful advice, *Dear Ally* is a treasure for aspiring writers at any stage of their careers. It offers a behind-the-scenes look at how books get made, from idea to publication, and gives you insight into the writing processes of some of the biggest and most talented YA authors writing today. They called it "minor surgery," but Nancy Greenly, Sean Berman, and a dozen others—all admitted to Boston Memorial Hospital for routine procedures were victims of the same inexplicable, hideous tragedy on the operating

table. They never woke up. . . . A 2015 Whitney Award Nominee! A powerful story of loss, second chances, and first love, reminiscent of Sarah Dessen and John Green. When Oakley Nelson loses her older brother, Lucas, to cancer, she thinks she'll never recover. Between her parents' arguing and the battle she's fighting with depression, she feels nothing inside but a hollow emptiness. When Mom suggests they spend a few months in California with Aunt Jo, Oakley isn't sure a change of scenery will alter anything, but she's willing to give it a try. In California, Oakley discovers a sort of safety and freedom in Aunt Jo's beach house. Once they're settled, Mom hands her a notebook full of letters addressed to her—from Lucas. As Oakley reads one each day, she realizes how much he loved her, and each letter challenges her to be better and to continue to enjoy her life. He wants her to move on. If only it were that easy. But then a surfer named Carson comes into her life, and Oakley is blindsided. He makes her feel again.

As she lets him in, she is surprised by how much she cares for him, and that's when things get complicated. How can she fall in love and be happy when Lucas never got the chance to do those very same things? With her brother's dying words as guidance, Oakley knows she must learn to listen and trust again. But will she have to leave the past behind to find happiness in the future? Sky Pony Press, with our Good Books, Racehorse and Arcade imprints, is proud to publish a broad range of books for young readers—picture books for small children, chapter books, books for middle grade readers, and novels for young adults. Our list includes bestsellers for children who love to play Minecraft; stories told with LEGO bricks; books that teach lessons about tolerance, patience, and the environment, and much more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to books on subjects that are sometimes overlooked and to authors whose

work might not otherwise find a home. For every athlete or sports fanatic who knows she's just as good as the guys. This is for fans of *The Running Dream* by Wendelin Van Draanen, *Grace, Gold, and Glory* by Gabrielle Douglass and *Breakaway: Beyond the Goal* by Alex Morgan. The summer before Caleb and Tessa enter high school, friendship has blossomed into a relationship . . . and their playful sports days are coming to an end. Caleb is getting ready to try out for the football team, and Tessa is training for cross-country. But all their structured plans derail in the final flag game when they lose. Tessa doesn't want to end her career as a loser. She really enjoys playing, and if she's being honest, she likes it even more than running cross-country. So what if she decided to play football instead? What would happen between her and Caleb? Or between her two best friends, who are counting on her to try out for cross-country with them? And will her parents be upset that she's decided to take her hobby to the next level? This summer

Caleb and Tessa figure out just what it means to be a boyfriend, girlfriend, teammate, best friend, and someone worth cheering for. "A great next choice for readers who have enjoyed Catherine Gilbert Murdock's Dairy Queen and Miranda Kenneally's Catching Jordan."—SLJ "Fast-paced football action, realistic family drama, and sweet romance...[will have] readers looking for girl-powered sports stories...find[ing] plenty to like."—Booklist "Tessa's ferocious competitiveness is appealing."—Kirkus Reviews "[The Football Girl] serve[s] to illuminate the appropriately complicated emotions both of a young romance and of pursuing a dream. Heldring writes with insight and restraint."—The Horn Book Newly divorced surgeon Dr. Kim Regis is determined to remain a good father to his only son, Seldon. On a special night out, Kim takes Seldon to his favorite fast-food restaurant for a feast of burgers and fries. But the good time turns to tragedy: the young boy becomes gravely ill and dies as a result of poisoning by E.

coli. bacteria found in the meat. Was Seldon's death a result of shoddy food-handling practices? Or was it a sophisticated case of product tampering - by a rival fast-foot giant or a disgruntled employee? Or perhaps by someone with a score to settle with Kim? Taking a leave from his surgical practice, Kim devotes his energies to solving the mystery full time. But he immediately hits a brick walls: a code of silence more impenetrable than anything he has ever encountered in his medical career. Instead of a cold-shoulder reception, however, Kim is soon met with a boot and a fist as thugs attempt to quash his inquiry. Aided by his ex-wife, Kim pursues a trail of deadly evidence, uncovering complicity and guilt stretching from the slaughterhouse floor to the corporate boardroom. Racing against time before more are poisoned, the two come face-to-face with the shocking and elusive truth. And in their life-and-death search for answers, they rediscover the reasons they first fell in love. With trademark

pulse-pounding flair, Robin Cook delivers a cutting-edge thriller, borrowing from today's fears and tomorrow's medical technology. Rediscover—or discover for the first time—the things that make you passionate in life Vital Signs is about what inspires passion and what defeats it. How we lose it and how we get it back. And ultimately it's about the endless yet endlessly fruitful tug-of-war between freedom and domestication, the wild in us and the tame, our natural selves and our conditioned selves. Each chapter in Vital Signs will contain a core sample, an intimate biography of one of the strategies we employ to gain or regain our passion. The book also affirms the importance of courageous inquiry into dispassion—where we're numb, depressed, stuck, bored—so the reader can recognize and change these tendencies in themselves. The Christmas spirit is overtaking Tradd Street with a vengeance in this festive new novel in the New York Times bestselling series by Karen White. Melanie Trenholm should

be anticipating Christmas with nothing but joy--after all, it's the first Christmas she and her husband, Jack, will celebrate with their twin babies. But the ongoing excavation of the centuries-old cistern in the garden of her historic Tradd Street home has been a huge millstone, both financially and aesthetically. Local students are thrilled by the possibility of unearthing more Colonial-era artifacts at the cistern, but Melanie is concerned by the ghosts connected to the cistern that have suddenly invaded her life and her house--and at least one of them is definitely not filled with holiday cheer.... And these relics aren't the only precious artifacts for which people are searching. A past adversary is convinced that there is a long-lost Revolutionary War treasure buried somewhere on the property that Melanie inherited--untold riches rumored to be brought over from France by the Marquis de Lafayette himself and intended to help the Colonial war effort. It's a treasure literally fit for a king, and there have

been whispers throughout history that many have already killed--and died--for it. And now someone will stop at nothing to possess it--even if it means destroying everything Melanie holds dear. A lavishly funded, security-conscious nanotechnology institute in the foothills of the Rockies, Nano is ahead of the curve in the competitive world of molecular manufacturing, including the construction of microbivores, tiny nanorobots with the ability to gobble up viruses and bacteria. But when Pia Grazdani takes a job there, she's shocked by the secretive corporate culture. She's warned by her boss not to investigate the other work being done at the gigantic facility, nor to ask questions about the source of the seemingly endless capital that funds the institute's research. And when Pia encounters a fellow employee on a corporate jogging path suffering the effects of a seizure, she soon realizes she may have literally stumbled upon Nano's human guinea pigs. Is the tech giant on the cusp of one of the biggest

medical discoveries of the twenty-first century—a treatment option for millions—or have they already sold out to the highest bidder? Pia Grazdani is an exceptional yet aloof medical student working closely with Columbia University Medical Center's premier scientist on cutting edge research that could revolutionize health care by creating replacement organs for critically ill patients. But when tragedy strikes in the lab, Pia, with the help of classmate George Wilson, launches an investigation into the unforeseen calamity in the hospital's supposedly secure biosafety lab. Meanwhile, two ex-Wall Street whiz-kids think they've found another loadstone in the nation's multi-trillion dollar life insurance industry, and race to find ways to control actuarial data and securitize the policies of the aged and infirm to make another killing. As Pia and George dig deeper into the events at the lab, one question remains unanswered: is someone attempting to manipulate private insurance information to allow investors to

benefit from the deaths of others? From the author of Jurassic Park, Timeline, and Sphere comes a captivating thriller about a deadly extraterrestrial microorganism, which threatens to annihilate human life. Five prominent biophysicists have warned the United States government that sterilization procedures for returning space probes may be inadequate to guarantee uncontaminated re-entry to the atmosphere. Two years later, a probe satellite falls to the earth and lands in a desolate region of northeastern Arizona. Nearby, in the town of Piedmont, bodies lie heaped and flung across the ground, faces locked in frozen surprise. What could cause such shock and fear? The terror has begun, and there is no telling where it will end. The Believer is the weird and chilling true story of Dr. John Mack. This eminent Harvard psychiatrist and Pulitzer Prize-winning biographer risked his career to investigate the phenomenon of human encounters with aliens and to give credibility to the stupefying tales

shared by people who were utterly convinced they had happened. Nothing in Mack's four decades of psychiatry had prepared him for the otherworldly accounts of a cross-section of humanity including young children who reported being taken against their wills by alien beings. Over the course of his career his interest in alien abduction grew from curiosity to wonder, ultimately developing into a limitless, unwavering passion. Based on exclusive access to Mack's archives, journals, and psychiatric notes and interviews with his family and closest associates, The Believer reveals the life and work of a man who explored the deepest of scientific conundrums and further leads us to the hidden dimensions and alternate realities that captivated Mack until the end of his life. In 1943, nineteen-year-old Jim Yoder serves as a waist gunner aboard a B-24 in the United States Army Air Corps, but through a strange chain of events, is trapped behind enemy lines in Hitler's Europe, alone, on foot, and on the run, and finds

himself returning to his family's staunchly pacifist Mennonite roots. NEW YORK TIMES BESTSELLER • A NEW YORK TIMES NOTABLE BOOK OF THE YEAR • A grand, devastating portrait of three generations of the Sackler family, famed for their philanthropy, whose fortune was built by Valium and whose reputation was destroyed by OxyContin. From the prize-winning and bestselling author of Say Nothing. "A real-life version of the HBO series Succession with a lethal sting in its tail...a masterful work of narrative reportage." - Laura Miller, Slate The history of the Sackler dynasty is rife with drama—baroque personal lives; bitter disputes over estates; fistfights in boardrooms; glittering art collections; Machiavellian courtroom maneuvers; and the calculated use of money to burnish reputations and crush the less powerful. The Sackler name has adorned the walls of many storied institutions—Harvard, the Metropolitan Museum of Art, Oxford, the Louvre. They are one of the richest families in

the world, but the source of the family fortune was vague—until it emerged that the Sacklers were responsible for making and marketing a blockbuster painkiller that was the catalyst for the opioid crisis. Empire of Pain is the saga of three generations of a single family and the mark they would leave on the world, a tale that moves from the bustling streets of early twentieth-century Brooklyn to the seaside palaces of Greenwich, Connecticut, and Cap d'Antibes to the corridors of power in Washington, D.C. It follows the family's early success with Valium to the much more potent OxyContin, marketed with a ruthless technique of co-opting doctors, influencing the FDA, downplaying the drug's addictiveness. Empire of Pain chronicles the multiple investigations of the Sacklers and their company, and the scorched-earth legal tactics that the family has used to evade accountability. A masterpiece of narrative reporting, Empire of Pain is a ferociously compelling portrait of America's second Gilded

Age, a study of impunity among the super-elite and a relentless investigation of the naked greed that built one of the world's great fortunes. Sequels, the most popular and long-lasting guide to novels in series, returns with greatly expanded series listings. Mysteries continue to be a mainstay, with fantasy, science fiction, and romance listings, plus non-genre fiction selections from authors such as Edward Abbey and Lawrence Durrell. The authors have carefully sifted through a growing group of series to select those most likely to be available in a medium-sized public library, weeding out esoteric, obscure, and less popular series. This classic reference includes hundreds of annotated series, title and subject indexes, and suggestions for reading order. Library professionals will find Answers to the perennial question, "What should I read next?" Guidance on the chronology of a series Easy-to-use tools to identify novels by character, setting, and author The definitive resource for novels in series Including series

started since 1989 and updated through 2007, Sequels will be the most complete resource for general readers and library patrons as well as readers' advisors; public, university, and high school reference librarians; acquisition and collection management librarians; and even bookstore staff and book reviewers. The expanded Sequels, 4th edition, will become the RA and reference librarian's resource of choice A groundbreaking look at marriage, one of the most basic and universal of all human institutions, which reveals the emotional, physical, economic, and sexual benefits that marriage brings to individuals and society as a whole. The Case for Marriage is a critically important intervention in the national debate about the future of family. Based on the authoritative research of family sociologist Linda J. Waite, journalist Maggie Gallagher, and a number of other scholars, this book's findings dramatically contradict the anti-marriage myths that have become the common sense of most

Americans. Today a broad consensus holds that marriage is a bad deal for women, that divorce is better for children when parents are unhappy, and that marriage is essentially a private choice, not a public institution. Waite and Gallagher flatly contradict these assumptions, arguing instead that by a broad range of indices, marriage is actually better for you than being single or divorced—physically, materially, and spiritually. They contend that married people live longer, have better health, earn more money, accumulate more wealth, feel more fulfillment in their lives, enjoy more satisfying sexual relationships, and have happier and more successful children than those who remain single, cohabit, or get divorced. *The Case for Marriage* combines clearheaded analysis, penetrating cultural criticism, and practical advice for strengthening the institution of marriage, and provides clear, essential guidelines for reestablishing marriage as the foundation for a healthy and happy society. “A

compelling defense of a sacred union. *The Case for Marriage* is well written and well argued, empirically rigorous and learned, practical and commonsensical.” -- William J. Bennett, author of *The Book of Virtues* “Makes the absolutely critical point that marriage has been misrepresented and misunderstood.” -- *The Wall Street Journal* www.broadwaybooks.com Robin Cook is back—with a shocking story of medical conspiracy. Today, organ transplants are common miracles of science. But if the supply cannot meet the demand, how far will people go to find donors? Dr. Laurie Montgomery, a forensic pathologist, learns the terrifying answer when she investigates a series of fatal “overdose” of young professionals. Some crimes are beyond comprehension. But seeing is believing... * *A Literary Guild? Dual Selection* *The Cobra Event* is set in motion one spring morning in New York City, when a seventeen-year-old student wakes up feeling vaguely ill. Hours later she is having violent seizures, blood

is pouring out of her nose, and she has begun a hideous process of self-cannibalization. Soon, other gruesome deaths of a similar nature have been discovered, and the Centers for Disease Control sends a forensic pathologist to investigate. What she finds precipitates a federal crisis. The details of this story are fictional, but they are based on a scrupulously thorough inquiry into the history of biological weapons and their use by civilian and military terrorists. Richard Preston's sources include members of the FBI and the United States military, public health officials, intelligence officers in foreign governments, and scientists who have been involved in the testing of strategic bioweapons. The accounts of what they have seen and what they expect to happen are chilling. The Cobra Event is a dramatic, heart-stopping account of a very real threat, told with the skill and authority that made Preston's *The Hot Zone* an internationally acclaimed bestseller.

MENSTRUATION ISN'T JUST ABOUT HAVING

BABIES Your menstrual cycle is a vital sign, just like your pulse, temperature, respiration rate, and blood pressure. And it provides you with essential information about your health. *The Fifth Vital Sign: Master Your Cycles and Optimize Your Fertility* brings together over 1,000 meticulously researched scientific references in a textbook-quality guide to understanding your menstrual cycle. In this book you'll learn: -What a normal cycle looks like; -The best way to chart your cycle and increase your fertility awareness; -How best to manage critical aspects of your health, including better sleep, exercise and a healthier diet; -Natural methods for managing period pain and PMS; -How to successfully avoid pregnancy without the pill; and -How to plan ahead if you do want to get pregnant. *The Fifth Vital Sign* aims to better connect women with their menstrual cycles, to break the myth that ovulation is only important when you're ready to have a baby. READ THE FIFTH VITAL SIGN TO BETTER UNDERSTAND YOUR HEALTH AND

FERTILITY Whether children are a part of your future plans or not, your health matters. Start learning more now, and take control of your health. **ABOUT THE AUTHOR** Lisa Hendrickson-Jack is a certified Fertility Awareness Educator and Holistic Reproductive Health Practitioner. She teaches women to chart their menstrual cycles for natural birth control, conception, and overall health monitoring. In her work, Lisa draws heavily from the current scientific literature and presents an evidence-based approach to fertility awareness and menstrual cycle optimization. A guide to series fiction lists popular series, identifies novels by character, and offers guidance on the order in which to read unnumbered series. "Like a dish of comfort food you'll want to devour." —The Washington Post "It's hard to say which aspect of TJ Alexander's novel is sweeter: the slow-burn romance or the drool-worthy desserts." —Time A high-strung pastry chef's professional goals are interrupted by an unexpected career transition

and the introduction of her wildly attractive nonbinary kitchen manager in this deliciously fresh and witty queer rom-com. Simone Larkspur is a perfectionist pastry expert with a dream job at The Discerning Chef, a venerable cookbook publisher in New York City. All she wants to do is create the perfect loaf of sourdough and develop recipes, but when The Discerning Chef decides to bring their brand into the 21st century by pivoting to video, Simone is thrust into the spotlight and finds herself failing at something for the first time in her life. To make matters worse, Simone has to deal with Ray Lyton, the new test kitchen manager, whose obnoxious cheer and outgoing personality are like oil to Simone's water. When Ray accidentally becomes a viral YouTube sensation with a series of homebrewing videos, their eccentric editor in chief forces Simone to work alongside the chipper upstart or else risk her beloved job. But the more they work together, the more Simone realizes her heart

may be softening like butter for Ray. Things get even more complicated when Ray comes out at work as nonbinary to mixed reactions—and Simone must choose between the career she fought so hard for and the person who just might take the cake (and her heart). In a world of modern, involved, caring parents, why are so many kids aggressive and cruel? Where is intelligence hidden in the brain, and why does that matter? Why do cross-racial friendships decrease in schools that are more integrated? If 98% of kids think lying is morally wrong, then why do 98% of kids lie? What's the single most important thing that helps infants learn language? NurtureShock is a groundbreaking collaboration between award-winning science journalists Po Bronson and Ashley Merryman. They argue that when it comes to children, we've mistaken good intentions for good ideas. With impeccable storytelling and razor-sharp analysis, they demonstrate that many of modern society's strategies for nurturing children are in

fact backfiring--because key twists in the science have been overlooked. Nothing like a parenting manual, the authors' work is an insightful exploration of themes and issues that transcend children's (and adults') lives. A fast-spreading disease with no cure takes the United States by storm in Robin Cook's "most harrowing medical horror story" (The New York Times). Murder and intrigue reach epidemic proportions when a devastating plague sweeps the country. Dr. Marissa Blumenthal of the Atlanta Centers for Disease Control investigates—and soon uncovers the medical world's deadliest secret... Optimize your health with these 175+ quick, actionable ways to boost your immune system and beat the common cold every season. From taking a day off of work to stay in bed to having to run out to the store for last minute medicine that you were sure you had, no one enjoys being sick. But what if there were quick and easy ways to boost your immune system so you could feel your best all year long? In Immune System Hacks discover

over 175 practical steps you can use right away to boost your immune system and stay healthy throughout the year. These expert tips have everything you ever need to know about living your best, healthiest life, including: -Exercises that build and strengthen the immune system - Simple lifestyle choices that help guard against

diseases -Environmental factors that affect the immune system -Immunity-boosting foods, vitamins, minerals, herbs, and supplements -The connection between gut health and the immune system -And more! Feel your best with the easy-to-follow advice in Immune System Hacks!

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